

Making Bicycling a Part of Campus Life

Phil Miller, UW Transportation Services

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“The Slender Thread” – 1965

Sidney Poitier and Sydney Pollack at Drumheller Fountain



Bicycling at UW

Bicycling Can Be a Great Way to Get More Out of UW Campus Life



- > **It's affordable, clean and sustainable transportation;**
- > **It's excellent recreation and stress relief;**
- > **More choices exist for new riders than ever before;**
- > **It is part of a regional system that makes car ownership OPTIONAL; and**
- > **The hurdles to enjoying cycling are easy to clear with a little information**

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So Many Bikes, So Little Time

- > More than just ten speeds – technology has opened new avenues for bicycling

- 1. E-bikes
- 2. Traditional Bikes
- 3. Bike Share
- 4. Cargo and Family Bikes
- 5. Adaptive Cycles

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E-Bikes

- > **Three types:**
 - Type I
 - Type II
 - Type III
- > **Types I and II can be ridden on trails**
- > **E-motors have revolutionized cargo and family bikes**
- > **Prices are coming down as more companies enter the market**



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Traditional Bikes

- > **Easier to shift**
- > **Disc Brakes**
- > **Hybrids**
- > **Mountain Bikes**
- > **Gravel Bikes and Cyclocross**
- > **Road Bikes**
- > **Touring Bikes**



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BikeShare



- > Why own a bike?
- > Most BikeShares in Seattle are now e-bikes
- > Can be “unlocked” with a telephone app
- > First 30 minutes at base rate, then increases
- > Powerful enough to easily handle the hilliest terrain in Seattle

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Family, Cargo, and Adaptive Bikes

- > E-motors make specialty bikes more practical
- > UW Mail has used several for a couple years to great effect
- > Other styles can carry young kids in a front carrier (bikfiet), or older kids on a rack mounted seat
- > Adaptive bikes are also now available for people with mobility challenges



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Family and Cargo Bikes



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What do I need to know to buy a bike?

Mostly, know yourself and why you want to ride...

- > **Bike shops exist to match your needs to the right bike and at the right price**
- > **Shop staff can fit bikes on site (very important) and provide follow-up service**
- > **They also can match accessories to your vision of bicycling**
- > **Some shops represent one line, others multiple brands**

Buying a bike (cont)

Find a place with whom YOU are comfortable



- > **Shop sales staff will show you a LOT of bikes – its their job.**
- > **Good shops will allow test rides, although COVID has changed practices**
- > **Some shops focus on particular clientele, such as families, ebikes, touring, racing, or occasionally used bikes. Shop around for a place YOU like – margins are very small in the industry, and similar bikes will have similar prices**
- > **Beware Craigslist. If a deal looks too good to be true, it probably is.**

Security

- > Common Advice – don't scrimp on a lock!
- > UW Bike Parking Resources
 - Bike Houses
 - Lockers
 - Racks
 - Bike Rooms
- > Lock both wheels and the frame to something that wont move but that won't block access.
- > Find secure locations for long term parking



Bike Parking at UW



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Bicycles as Part of a Regional System

- > **Transit**
 - Carrying bikes on buses and light rail
 - Station level facilities and programs
- > **Regional Trails**
- > **Amtrak**
- > **Washington State Ferries**
- > **CarShare Opportunities**



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Bikes on Buses



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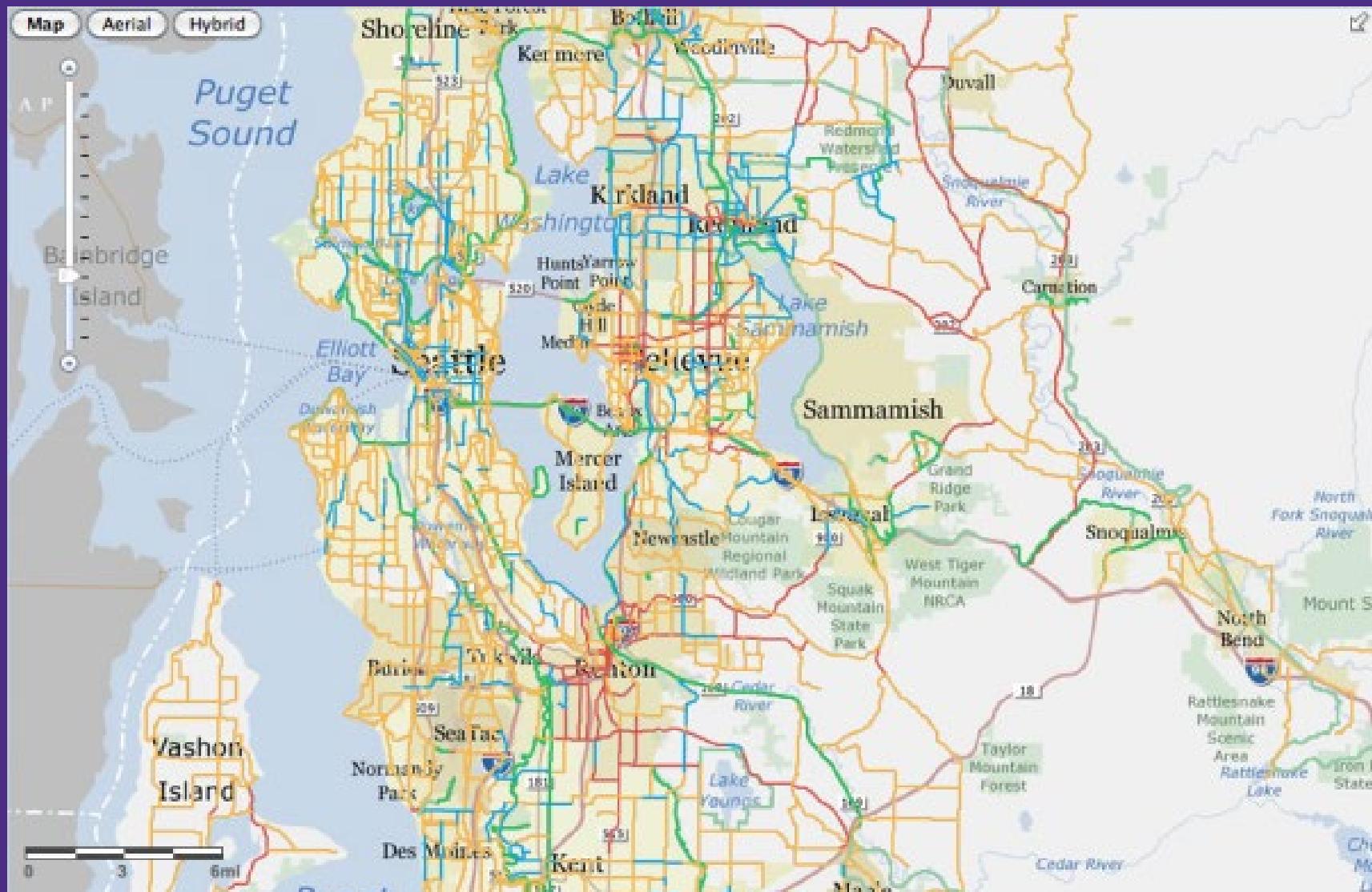
Where to ride?

Different facilities for different needs and experiences

- > **Trails**
 - Regional
 - Paved vs Gravel
 - Mountain Bike
- > **On Street**
 - Types of bike facilities
 - Sharrows
 - Bike Lanes
 - > Protected vs Buffered
- > **Sidewalks?**



Regional Trails



Rules of the Road and Good Practices

- > As a bicyclist, you have all the rights and responsibilities as the operator of any other vehicle, however...
- > Riding with traffic
- > Trails and Speed Limits
- > Helmets
- > New Washington Stop Sign law



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So get out and ride!

- > Adventures abound...
 - > Burke Gilman and Sammamish River Trail to Woodinville
 - > Lake Washington Loop
 - > Bicycle Sundays
 - > East King County Trails
 - > Washington State Ferries to Bainbridge or the San Juans
- > Organized Rides
- > Competition
 - Husky Cycling Team
 - Jerry Baker Memorial Velodrome at Marymoor Park



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Resources

- > **UW Transportation Services – Parking**
- > **ASUW Bike Shop**
- > **Seattle Department of Transportation**
- > **King County Metro**
- > **King County Parks**
- > **Sound Transit**
- > **Cascade Bicycle Club**
- > **Washington State Department of Transportation**

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Questions?



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